

Palliative Care Services Referral Form (Adult) Nurse Practitioner Referral Form (Adult)

To qualify for palliative care services (excluding Nurse Practitioners) the patient's prognosis must be <12 months

Patient Details and Demographics								
Surname:		First Name(s):						
DOB:	Gender: □Male □Female I	□Other	HCN:	HCN:				
Address:		City:		Postal Code:				
Primary Phone No.:	Alt.	Phone No.:	,					
☐ Patient has consented to Palliative Referral								
Alt. Contact Name:	Rel	tionship: ☐ POA/SDM ☐ Spouse ☐Other:						
Phone Number:	Alt.	Phone Number:						
Health Information								
Primary Diagnosis:	Me	tastases (if applicable):						
Allergies: □No known allergies □ Yes (please indicate):								
Prognosis: □<2 weeks □2 weeks–1 month □<3 month □<6 months □<12 months								
PPS (see page 2 for PPS Scale): □10% □20% □30% □40% □50% □60% □70% □80-100%								
Reason for referral:								
□Yes □No – Resuscitation status discussed with patient □Yes □No – Patient DNR								
□Yes □No – Palliative status discussed	with patient							
□Yes □No – Patient currently on service with Mississauga Halton LHIN								
Note: NP	Nurse Practitioner (NP) s are available to follow pati		nosis or PP	S				
Urgency (check one): Patient to be seen within 1 business day or Patient to be seen within 1-5 business days								
Reason for NP referral (mandatory): Please include consult note with this form								
Referring Practitioner Information								
Name:			□MRP	Designation: □MD □NP □RN				
Phone Number:		Alt. Phone Number:						
Signature:		Date:						
Most Responsible Provider Information (if not same a referring practitioner)								
Name:		Designation: □MD □NP □ MRP aware of referral						
Phone Number:		Alt. Phone Number:						



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Palliative Performance Scale (PPSv2) Version 2

PPS Level	Ambulation	Activity & Evidence of Disease	Self-Care	Intake	Conscious Level
100%	Full	Normal activity & work No evidence of disease	Full	Normal	Full
90%	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
80%	Full	Normal activity with effort Some evidence of disease	Full	Normal or reduced	Full
70%	Reduced	Unable Normal Job/Work Significant disease	Full	Normal or reduced	Full
60%	Reduced	Unable hobby/housework Significant disease	Occasional assistance necessary	Normal or reduced	Full or Confusion
50%	Mainly Sit/Lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or Confusion
40%	Mainly in Bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or Drowsy +/- Confusion
30%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Normal or reduced	Full or Drowsy +/- Confusion
20%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Minimal to sips	Full or Drowsy +/- Confusion
10%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Mouth care only	Drowsy or Coma +/- Confusion
0%	Death	-	-	-	-

Mississauga Halton Palliative Nurse Practitioner

- Provide support to the primary care team and specialist providers to address complex palliative care needs and increase capacity
 within the region to provide palliative and end of life care.
- Provide shared care with the most responsible provider (MRP)
- Provide face to face patient assessments in home, physician office and/or hospital
- Assist with complex or refractory pain and symptom management (e.g. pain, nausea, dyspnea, anxiety)
- Assist with complex or refractory psychosocial needs of patients and their family during life transitions
- Able to prescribe all medications including opioids
- Develop goals of care and/or end of life planning
- Provide strategies to reduce ED visits or hospitalizations
- Assist with complex hospital discharges or other transitions
- Able to follow a patient on a community team with a prognosis >12 months