

CHRONIC DISEASE MANAGEMENT PROGRAMS

Education, Awareness and Prevention

Mississauga Halton Self-Management Program



Program: Provides programs and services that enable people to take control of their own health by gaining confidence, skills and knowledge

Eligibility: For patients with chronic health conditions such as diabetes, arthritis, lung disease, kidney disease, heart disease, chronic pain and more

Fee: No cost

Training for Health Care Professionals

The Mississauga Halton Self-Management Program also offers **FREE** training on techniques to influence patient behavior change, action planning with clients, cultural competence, clinical coaching, and more!

Diabetes Programs



Diabetes Education Programs

Program: Provides tools and skills to support individuals living with diabetes through group and one-on-one counselling sessions led by a team of health care professionals

Eligibility: For patients living with diabetes

Fee: No cost

Centre for Diabetes Complex Care

Program: Offers short term case management, care coordination and treatment provided by an interdisciplinary team including a nurse practitioner, registered dietitian, registered nurse, social worker and pharmacist

Eligibility: People with prolonged diabetes who are living with complex issues

Fee: No cost

Diabetes Foot Care program

Program: Preventative foot care provided by chiropodists and registered practical nurses

Eligibility: For patients:

- with a diabetes diagnosis
- living within the Mississauga Halton LHIN
- who have one or more clinical risk factors for foot complications
- who have barriers to using fee-for service

** To be eligible for the program, patients must be enrolled in a Mississauga Halton LHIN Diabetes Education Program*

Fee: No cost

Treatment

Wound Care for Diabetic Foot Ulcers



Program: Total Contact Cast applied by a certified clinician in one of six Mississauga Halton LHIN clinics

Eligibility: For patients if they:

- attend treatment at clinic
- have a non-infected neuropathic foot ulcer caused by trauma or surgery
- have small to moderate wound drainage
- have a small vascular status adequate for wound healing
- have a diabetic foot ulcer surface area wider than it is deep and not tracking deeper
- have documented controlled blood glucose

** Patients unsuitable for the program can be assessed for a **FREE** wound care shoe at one of our six clinics (noted above)*

Fee: No cost

Wound Therapy for Impaired Blood Flow



Program: Device treatment plan to increase blood circulation and promote wound healing

Eligibility: For patients with:

- venous, mixed/arterial or diabetic foot ulcers
- wounds that have not reduced in surface area by 30 per cent after four weeks of treatment
- a fixed ankle joint or poor ankle flexion
- impaired or inactive lower limb muscle pumps
- poor edema management affecting wound healing
- wound, ischemia and edema causing pain
- increased risk of venous thromboembolism

Fee: No cost

Patients can be referred to the above programs via the Mississauga Halton Central Intake Program.



Mississauga Halton Central Intake Program

1. Visit www.mhcentralintake.com to download and print your referral form
2. Fax your completed referral form to **905-338-0442**
3. If you have any questions, please call **905-338-2983 ext. 4872**

Patients can be referred to the above programs via the Mississauga Halton LHIN Access Care Team.

1. Visit healthcareathome.ca/mh/en/Partners/Health-care-Providers/Physicians to download and print your referral form
2. Fax your completed referral form to **905-855-8989**
3. If you have any questions, please call **905-855-9090** and press 1