

For Primary Care Physicians: Medical Assistance in Dying in the Mississauga Halton LHIN

In June 2016, the Canadian government passed Bill C-14, which gives dying patients, who are suffering intolerably from a serious medical condition, the choice of Medical Assistance in Dying (MAID).

What is Medical Assistance in Dying?

The term Medical Assistance in Dying describes the administration of a medication, to a person at their request, by a physician or nurse practitioner, that causes their death.

Who is eligible? Patients must:

- Be eligible for publicly funded health care services in Canada
- Be 18 years of age or older
- Be capable of making decisions with respect to their health
- Have a grievous and irremediable medical condition
- Make the request voluntarily (not due to external pressure)
- Provide informed consent to receive MAID, after having been informed of alternate care options that are available to alleviate their suffering, including palliative care

Where can Medical Assistance in Dying occur?

- ✓ Patient's home, including retirement home
- ✓ Hospital (if the patient has an existing affiliation with the hospital)
- ✓ Long-term care home
- ✗ Hospices within the Mississauga Halton LHIN **do not** currently allow MAID to occur in their facilities

Some facilities may have limitations on the provision of MAID

How can I obtain assistance and education?

The Mississauga Halton LHIN will:

- Provide information and education regarding MAID
- Accept patients for the sole purpose of MAID
- Coordinate the provision of MAID by securing MAID assessors/providers and arranging services based on need, including, but not limited to: nursing services, supplies and medication and bereavement support

We are here to help!
**Call a Mississauga Halton LHIN
Palliative Care Nurse Practitioner
Monday-Friday, 9 a.m.-9 p.m.
905-855-9090**

For Primary Care Physicians: Steps to follow for Medical Assistance in Dying

You may refer your patient to the Mississauga Halton LHIN for the sole purpose of MAID by faxing a referral form to [905-855-8989](tel:905-855-8989) or calling [905-855-9090](tel:905-855-9090)



Step One:

Exploring the Inquiry

When a patient inquires about MAID, engage in a conversation with the patient to explore the nature of the inquiry, identify any unmet care needs and provide the necessary education and treatment options.



Step Two:

Written Request

To make a formal request for MAID, the patient, if able, must fill out a written request, witnessed by two independent witnesses.

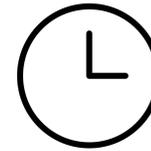
For forms, visit www.health.gov.on.ca/en/pro/programs/maid/



Step Three:

Determining Eligibility

Two independent physicians/nurse practitioners must assess the patient to confirm they meet the eligibility requirements.



Step Four:

Waiting Period

In most cases, there is a 10-day waiting period for self reflection before the provision of MAID can occur. This begins the day after the patient signs the written request for MAID.



Step Five:

Provision

A physician or nurse practitioner will administer a substance directly to the patient through injection that causes their death.

The patient must confirm consent immediately before the MAID medications are administered.

Are you a conscientious objector?

You must provide an effective referral for your patient. Call the Mississauga Halton LHIN at [905-855-9090](tel:905-855-9090) for more information.

For additional information:

If you require education and/or assistance at any step throughout the MAID process, please contact a Mississauga Halton LHIN Palliative Care Nurse Practitioner at [905-855-9090](tel:905-855-9090).

Further details regarding MAID can be found online on the Ministry of Health and Long-Term Care website at www.health.gov.on.ca/en/pro/programs/maid/. You can also call the Ministry Care Coordination Service at any time at [1-866-286-4023](tel:1-866-286-4023).