



Mississauga Halton LHIN Respite Program

Local resources are available through Mississauga Halton LHIN Home and Community Care to help support and provide respite to families that are experiencing caregiver burnout.

Based on your patient's needs, the Mississauga Halton LHIN will link your patient to the most appropriate services.

The following resources are offered through Mississauga Halton LHIN Home and Community Care:

- In-home respite
- Out-of-home respite
- Caregiver support and resources
- Adult day services

To refer your patient to the Mississauga Halton LHIN Home and Community Care Respite Program: Call the Mississauga Halton LHIN from 9 a.m. to 9 p.m. Monday to Friday, at [905-855-9090](tel:905-855-9090) or send a referral requesting respite supports to [905-855-8989](tel:905-855-8989).