



Mississauga Halton LHIN Respite Program

Local resources are available through Mississauga Halton LHIN Home and Community Care to help support and provide respite to families that are experiencing caregiver burnout.

Based on your patient's needs, the Mississauga Halton LHIN will link your patient to the most appropriate services.

The following resources are offered through Mississauga Halton LHIN Home and Community Care:

- In-home respite
- Out-of-home respite
- Caregiver support and resources
- Adult day services

To refer your patient to the Mississauga Halton LHIN Home and Community Care Respite Program: Call the Mississauga Halton LHIN from 9 a.m. to 9 p.m. Monday to Friday, at [905-855-9090](tel:905-855-9090) or send a referral requesting respite supports to [905-855-8989](tel:905-855-8989).

Breakdown of Respite Program Options

In-Home Respite

Two Programs:

ReCharge (provided by HSPs)

LHIN Home and Community Care Respite Program

No Cost



Adult Day Program Respite

20 Adult Day Programs operated by 11 provider agencies.

All programs maintain their own waitlist, as well as an active list of current clients requesting additional days

Cost: \$10-20/day



Out-of-Home Respite

Short Stay Respite is available through 3 of our Long Term Care Homes (Milton, Mississauga, South Etobicoke)

OSCR in Oakville also provides Out-of-Home respite

Both programs available on a first come first serve basis

Short Stay Respite: \$39.34/day
OSCR: \$60 Mon-Thurs
\$75 Fri-Sun and Stat Holidays

Emergency Respite

Currently, the hospital emergency department is the **ONLY** Emergency Respite Option available to caregivers and care recipients



All programs accessible through referral to Mississauga Halton LHIN Home and Community