

Over 50,000 referrals have been processed through one-Link since June of 2016

In 2017/18:

- ◆ 18,147 referrals were processed
- ◆ 76% of these were from Primary Care
- ◆ 67% of all individuals screened by a one-Link service coordinator received a recommendation to a self-directed community-based service, in addition to, or instead of, Psychiatry consultation
- ◆ The most predominant level of service recommended was for walk-in counselling/brief treatment, with specific service initiation information provided to 78% of all individuals screened

Access to Psychiatry Consultation within Halton Healthcare and Trillium Health Partners:

- ◆ For diagnostic clarification or treatment recommendations for significant mental illness
- ◆ All patients will be told by one-Link that referral to Psychiatric Consultation Clinic is for a one-time consultation/appointment only. If the treatment recommendations are for clear Depressive Disorders or Anxiety Disorders (incl. OCD & related, Trauma & related) – *Patient must show evidence of 2 previous antidepressant trials within the current episode in order to be considered for THP Psychiatric Consultation Services*
- ◆ Referrals will be processed for patients requiring intensive outpatient monitoring and must have a diagnosis of: Schizophrenia, Schizoaffective disorder, Bipolar disorder/uncontrolled with or without a prominent psychotic component, Psychosis Unspecified
- ◆ Note: referrals will not be sent for patients seeking psychiatric consultation for court, custody or insurance purposes

Referral for Psychotherapy/ongoing Psychiatric monitoring:

- ◆ Will be provided access to the Regional Practical Clinic, which provides group based CBT/mindfulness based treatment to individuals with mild to moderate depression, anxiety and high stress
- ◆ one-Link service coordinators will provide resources to sliding scale and fee-for-service options in the community, including private practice Psychiatrists

Contact us:

one-Link@haltonhealthcare.com

www.one-Link.ca or call 905-338-4123

one-Link referral form refresh coming in 2019

Primary care feedback that has been received to date has been heard and improvements to simplify the process are underway with the e-referral redesign work. Referral pathways for Physician requests for Psychiatry consultations by diagnostic inquiry will be presented for input and testing in mid 2019 .

Key Messaging for your patients:

- There are new resources funded by the Ministry of Health namely Bounce Back[®] and Big White Wall[®] that should be recommended as self-management resources to start symptom improvement.
- one-Link Service Coordinators and Peer Mentors are highly trained to listen to what the reason for referral is. The services they recommend may not include psychiatry, but will be aligned with what is best for your patients and this information will be shared with you as the referring physician.



If you would like to be included on the testing and feedback process please email zdawe@haltonhealthcare.com and you will be added to the updates list.