



Nominee: **Sohal Goyal**

Geographic Representation: **NW Mississauga**
PEM Representation: **FHG**

Position(s): **Board Member**

Why are you excited to be part of the MH PCN leadership team?

I think that this is a tremendous opportunity to represent all family doctors in the region during these challenging times. I believe our payment models are dividing us and we need to focus on uniting our profession to ensure that primary care has a voice at all tables for our colleagues and our patients. This is a grassroots organization with potential. If elected, I will endeavor to RAISE the profile of primary care in our community. RAISE is an acronym for R - Represent all family doctors in the region, A - Advocate for all primary care providers, I - Inform all primary care physicians regarding events and organizations that are affecting our community including OHTs, S - Support - burnout is at an all-time high and we need to support each other and the PCN should help to provide that support, E - Educate - provide opportunities for education and group learning including CME and social events. Our voices must be represented during the current health care transformation in Ontario.

If you were part of the MH PCN leadership team, what would be one issue you would like to champion? Why?

The main issue that I would champion would be physician engagement. Currently, primary care is losing its voice as we are not well organized. We often practice in silos isolated from one another. We have different payment models and practice settings but ultimately all have the same goal of taking care of our patients. As many of us have left the hospital, we are not connected to each other. If we make a strong PCN, we can support each other and make sure that primary care has a voice. Primary care is often overlooked but many studies show that primary is the backbone of healthcare. By reestablishing connections among primary care physicians we will increase physician engagement to ensure that our voice more adequately represents the fundamental role of family physicians in the community.

Do you have deep expertise in an area that you think would be valuable for the MH PCN leadership team?

Leadership, Organization - I have had many leadership roles over the years that have prepared me for this position. They include: Lead Physician of one of the largest Family Health Groups in the GTA, OMA District 5 Chair, OMA SGFP Representative, Assistant Clinical Professor McMaster University

Do you have any potential conflicts of interest by being involved with the MH PCN leadership team?

No - but I am involved with the OMA and teach through McMaster, Lead Physician of a FHG

